SAMMAMISH CLUB

ROTATING WEEKEND INSTRUCTORS

EFFECTIVE FEBRUARY, 2012

SATURDAY 2/4	SATURDAY 2/11	SATURDAY 2/18	SATURDAY 2/25
SUNRISE CYCLING 8:00AM DOUGLAS	**SUNRISE CYCLING** 8:00AM JOHN	**SUNRISE CYCLING** 8:00AM JOHN	**SUNRISE CYCLING** 8:00AM DOUGLAS
SUNDAY 2/5	**SUNDAY 2/12**	**SUNDAY 2/19**	**SUNDAY 2/26**
CYCLING / ABS 9:00AM DANIELLE	**CYCLING / ABS** 9:00AM MARSHA	**CYCLING / ABS** 9:00AM DANIELLE	**CYCLING / ABS** 9:00AM DOUGLAS
PILATES MAT 10:30AM MARSHA	**YOGA** 10:30AM BETSY	**PILATES MAT** 10:30AM DANIELLE	**YOGA** 10:30AM MAUDE